



WELCOME

FJORDHUS REIVERSHOCKEYCLUB



SEASON 2020/21



Welcome to Fjordhus Reivers Hockey Club

We were proudly founded as a mixed hockey club in 2009. From that beginning we have grown and become an inclusive, family-orientated club, who aim to engage the whole of our community with sport.

With hockey programmes for under eights through to Masters, which cater for everyone from social players to internationalists, we are

The Scottish Borders hockey club for everyone.

Welcome to or welcome back to Fjordhus Reivers Hockey Club!

It will be more than fantastic having you playing in our club colours in our 2020-2021 season

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THE BIG REDPRINT

Our Fjordhus Reivers family places a lot of importance on these core values and this season we will be asking everyone to live by them, in order to help us achieve our vision of being a hockey club for everyone.



Respect

We show respect to everyone by treating them with courtesy, politeness and kindness.



Invested

We will take ownership of all that is happening, get involved and help shape its future.



Inclusivity

We will always be inclusive of all. We are one big family with an open door.



Excellence

We will aim for excellence and be ambitious about what we can achieve.

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What Hockey is on Offer This Season?

We have outdoor and indoor training for all players, whatever their ability, age or aspirations, led by our team of paid coaches.

Throughout the season, all our outdoor and indoor teams also compete in competitive weekend leagues and cup competitions.

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What Hockey is on Offer This Season?

Training will be held at the following times and venues:

Team	Day	Venue	Time
Ladies 1s	Thursday	Tweedbank	18:30 - 20:00
Ladies 2s	Thursday	Tweedbank	18:30 - 20:00
Ladies 3s	Tuesday	Tweedbank	19:00- 20:00
Ladies 5s	Tuesday	Tweedbank	17:30 - 19:00
Ladies 6s	Tuesday	Tweedbank	17:30 - 19:00
Men	Wednesday	Tweedbank	19.00 - 20:30



Summer Hockey

Don't worry the hockey doesn't stop! We have our own summer hockey club called This group gives us our hockey fix over summer.

Wednesdays: Every Wednesday through the summer we run a family summer hockey night where we book a pitch, play some hockey between whoever turns up

Mixed Summer Slam: Every Thursday through the summer we play in a local 6 a side league against other clubs/groups

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Club Hockey

At every level our hockey is characterised by an aggressive intent to go forward.

Get excited!

We play exciting attack-minded hockey.
In possession we always look to go forward.
Out of possession we look to win the ball back as quickly as possible, so we can go forward again.

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Where are we?

We play where the club was founded, **Tweedbank Outdoor Sports Complex**, although occasionally we overflow to **Selkirk High School**.

HOME PITCH ADDRESS:

Tweedbank Industrial Estate, Tweedbank, Galashiels TD1 3RS

Selkirk High School, Hillside Terrace, Selkirk TD7 4EW

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What Socialising is on Offer This Season?

Our social committee:

We need some
volunteers!!

Be ready for...

Club Day

Karaoke Night

Christmas Social

Sports Day

Club Dinner

Full calendar to come.

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Club Kit



Our club are proud to wear their club kit
Our club shirt is made by PSL and is sourced for us by the fantastic PSL Team Sports and will be available for you to purchase, via fjordhusreivers@gmail.com

What items am I expected to own?

- Home top
- Black skorts/shorts
- Stripey Wacky socks which can be provided by the club

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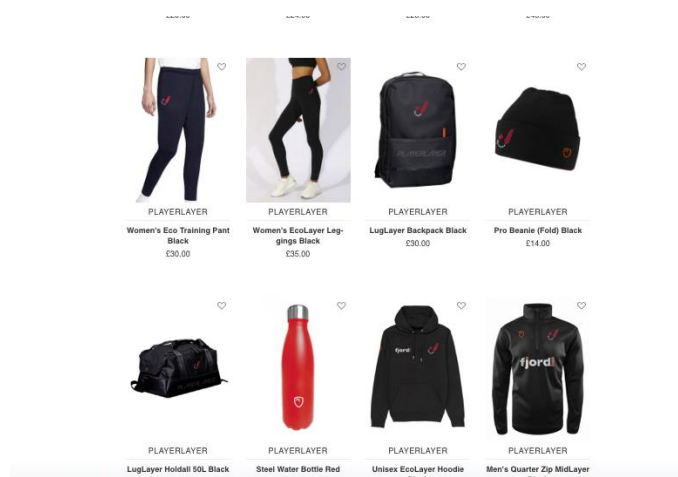
Club Kit

Our shop:

- <https://playerlayer.com/teams/fjordhus-reivers-h-c/women.html>

What items can I get online?

- All our leisure wear
- Club accessories



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Registration

Ready to sign up to a season with Fjordhus Reivers Hockey Club?

To **join or rejoin** our club you must complete an online registration form.

Registration is key to ensure that you are covered by Insurance

It is as easy as that!

The online form can be found here:

Registration can be completed after subs are paid.

<https://www.fjordhusreivers.org/pay-subs/>

Please do not hesitate to contact our club treasurer if you require to pay subs in a different format

Elena Lunn –

Elena.lunn@fjordhus.com

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Subscriptions

Outdoor subs determined by age as
at 1st September:

Adults	£200.00
Students/Unemployed	£120.00
U16s and U18s	£120.00
Social member	£10.00

Indoor subs

- Outdoor season FR members - £40

Subs can be paid by PayPal

[https://www.fjordhusreivers.
org/pay-subs/](https://www.fjordhusreivers.org/pay-subs/)

Outdoor subscriptions are to be
paid by 30th September.
Indoor subscriptions to be
paid by 30th November.

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Communication

Web Site

The Fjordhus Reivers Hockey Club website can be found at:

<https://www.fjordhusreivers.org/>

This is a valuable source for club news and all key information.

Social Media

Follow us:

Teamo

Twitter: @FjordhusReivers

Facebook Group: Fjordhus Reivers

Hockey Club: Players

Facebook Page: Fjordhus Reivers

Instagram:

fjordhusreivershockeyclub

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Communication

Members Facebook Group

The club has a Members Facebook Group. This group serves as a forum, out of the public eye, for club discussions about anything from organising club events to organising umpires. All major club organisation will be done via this group.

Therefore, can all players please join this community.

We are also moving to 'Teamo'. Teamo is how our coaches do their registers, plan training and gain match availability. It is also doubling as our track and trace app.

https://www.facebook.com/groups/626403097500388/?epa=SEARCH_BOX

Communication

We will be managing our season through predominantly through Teamo and our Facebook Players page but also through email, WhatsApp group, Messenger

You will receive an invite from your team Manager.

Please reply promptly, it makes the organization of teams for the weekend much easier!

To register to Teamo please email- helengracemontgomery@hotmail.co.uk

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Code of Conduct

Player Code of Conduct

A code designed to ensure we all know how to behave when representing the club both in club kit and beyond. When completing our online registration form you will be asked to sign up to this code. The following Codes of Conduct are based on the concept of fair play, defined by:

- Respect for the rules of Field Hockey as governed by the FIH, England Hockey and as directed by Scottish Hockey;
- Respect for the officials and their decisions, always;
- Respect for all participants, including team-mates, coaches, opponents, parents, carers and spectators;
- Equality in participation;
- Maintaining positive self-control at all times.

PLAYER CODE OF CONDUCT

- Make our sport fun and enjoyable, first and foremost;
- Play fairly and encourage your team-mates;
- Display good sportsmanship at all times;
- Never threaten players or officials;
- All players must play within the rules and respect officials and their instructions and decisions;
- Never use foul or abusive language to either your team-mates, officials, spectators or opponents;
- Respect the choices of all members;
- As a representative of Fjordhus Reivers Hockey Club, you must behave well and in an appropriate manner at all times;
- Always, regardless of the result, shake hands with your opponents at the end of the game and look them in the eye;
- Police each other. Set an example for yourself and all to follow;
- Pay any fees for training or events promptly;

Player Code of Conduct

- Do not use social media as a platform to be abusive to other members of the club, opponents or officials. This will not be tolerated;
- Keep to agreed timings for training and competitions or inform their coach or team manager if they are going to be late;
- Wear suitable kit for training and match sessions, as agreed with the coach/team manager;
- Engage with what my coach tells me. Take ownership of your development;
- Always maintain our club values;
- Talk to someone I trust if I'm unhappy about anything at my club.
- Substance use / abuse
 - All players must abide by the Scottish Hockey Anti-Doping Rules
 - All players must not use illegal substances whilst at club events or whilst representing the club
 - All players must not promote the use of illegal substances

Hockey is a great team sport to be involved in and your conduct is central to your enjoyment of the game. Particularly be aware of how your actions affect those of your team-mates and opposition.

Always strive to develop your skills and those of your team-mates and above all else, 'lead, do not follow' - play your part and do your best.

Please respect the history you carry with the badge and always strive for positive behaviours.

Better, Together, Always.

Spectator Code of Conduct

In addition to our Player Code of Conduct we also have a Spectator Code of Conduct:

- All spectators must respect players, coaches and officials and their decisions. The use of bad language or negative comments which may cause offence will not be tolerated. Spectators displaying these kinds of behaviours will be asked to leave the pitch and the Club reserves the right to ask the relevant player to leave the Club. This covers training sessions and matches and also applies to the use of Social Media;
- Spectators should applaud good play on both teams;
- Spectators should be role models congratulating opponents and making their players and coaches feel welcome;
- Always maintain our club values.

Safeguarding Policy

Fjordhus Reivers values young people as being a vital part of the organisation and desires to see them grow, mature and be challenged in a healthy and safe environment. The name of the child wellbeing and protection officer (CWPO) for Fjordhus Reivers is **Janet Jack**

Purposes

The purpose of **Fjordhus Reivers** programme is to offer young people a safe and welcoming learning environment where they can grow and learn.

Aims

To provide sport for young people to help them develop from childhood into adulthood and to provide support for them.

To enable the young people to express themselves.

To assist young people in integrating into the community.

To help children/young people appreciate the diversity of their cultures.

Each young person should be formally registered with Fjordhus Reivers.

The information includes an information/consent form which their parent/guardian must complete. These forms have vital information about health and emergency contacts and will be kept securely and brought to each session

Child Protection Representative

Fjordhus Reivers has appointed a child protection representative, **JANET JACK:**

Phone:- **07766056937**, email:- jack788@btinternet.com

If anybody has any child safety concerns, they should discuss them with her.

Janet will take on the following responsibilities:

- Ensuring that the policy is being put into practice;
- Being the first point of contact for child protection issues;
- Keeping a record of any concerns expressed about child protection issues;
- Bringing any child protection concerns to the notice of the Management Committee and contacting the Local Authority if appropriate;
- Ensuring that paid staff and volunteers are given appropriate supervision;
- Ensuring that everyone involved with the organisation is aware of the identity of the Child Protection Representative.

Grievance Procedure

The club believes that it is important that all members, coaches, administrators and parents associated with the club should, at all times, show respect and understanding for the safety and welfare of others. Therefore, members are encouraged to be open at all times and to share any concerns or complaints that they may have about any aspect of the club.

Grievance Procedure

Should any member have a grievance against the club or any of its members, there is a set procedure that should be followed.

If the matter cannot be resolved by reasonable conversation between those concerned then the following process should be followed:

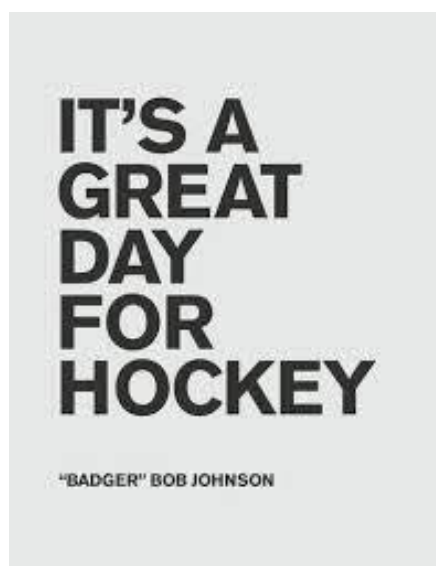
- The grievance should be detailed in writing to your Club Secretary Claire Townsend townsendecosse@btinternet.com and the club's Child Protection Officer Janet Jack jack788@btinternet.com if required
- They will then investigate the matter, seeking advice and if required ask for evidence from all parties involved.
- A conclusion will be reached and all parties directly involved advised.

The club has always preferred any matters arising be settled amicably and without resort to formal process, however, this path is open to all.

The last few years brought enjoyable hockey to all Fjordhus Reivers members and with it much success and pleasure for the Club both on and off the field.

We look forward to the same in 2020 - 21

Team	League	2018	2019
Ladies 1s	National League 2	5	8
Ladies 2s	East Premier 2018	3	Winners
Ladies 3s	East League1 – 2018 East Premier - 2019	3	Runners Up
Ladies 4s	East League 3 - 2018 East League 2 - 2019	East League 3 2	East League 2 4
Ladies 5s	East League 3	1	Runners Up
Men	East League 2 2018 East League 3 2019	11	5
U16 Performance	East u16 League Premier	3	3
U16 Development	East u16 League 2	1	Winners



WELCOME

Club Officials

Key Contacts

For all club matters beyond the remit of your particular section please contact

Janet Jack – Head Coach

Jack788@btinternet.com

Ladies players should direct communications to:

L1s – Jane Aitchison

fjordhusreivers@gmail.com

L2s – Fiona Bell

Aaprentice51@gmail.com

L3s – Elena Lunn

elena.lunn@fjordhus.com

L4's- Janet Jack

jack788@btinternet.com

L5s – Michael Fergusson

mferg30993@aol.com

L6s – Vicki Royan vickiroyan@gmail.com

Men's players should direct communications to:

Ben Hortin: benhortin@btopenworld.com

For all payment questions, please contact our treasurer to discuss:

Elena Lunn: elena.lunn@fjordhus.com

For questions regarding registration, please contact our

Club Secretary: Claire Townsend: townsendecosse@btinternet.com

